



**APPALACHIAN STATE UNIVERSITY**  
**University Recreation (UREC)**  
**Lifeguard**

The **Lifeguard** is primarily responsible for maintaining constant surveillance of participants in the Appalachian State University swimming pool. Acts immediately and appropriately to secure the safety of participants in the event of emergency. Provides emergency care and treatment as required until the arrival of emergency medical services.

**Supervisor:** This position reports directly to the **Assistant Director for Aquatics**.

**Hours:** The **Lifeguard** will work between 6-15 hours per week during the academic year (up to 35 hours per week during summer sessions).

**Salary:** \$ 11.25 per hour.

**You will succeed at UREC if you are committed to:**

- Explore to find the best of you
- Bring your positive and constructive attitude
- Connect with others
- Be a team player
- Embrace and inspire an inclusive, vibrant, active, and healthy community
- Work in a flexible schedule that may require some evenings, weekends, and designated holidays

**Join our team**

Appalachian State University (App State) invites interested applicants for the position of **Lifeguard** to become a part of the University Recreation (UREC) team as we facilitate an inclusive environment where recreation and wellness opportunities transform, engage, and care for the App State community.

**Who we are**

UREC fosters healthy lifestyles for lifelong wellbeing. You will join a UREC team that is creating an exciting environment, values collaboration, innovation, and inclusion, and is welcoming to all App State students, faculty and staff. We are creating a risk-taking workplace that supports the voices and contributions of employees at all levels, listens, and responds to our community. At UREC we believe in an equitable UREC community with opportunities for everyone, with everyone. Learn more about us at this [link](#).

**Responsibilities include, but are not limited to:**

- Represent University Recreation by maintaining a professional attitude in keeping with University Recreation's strategic plan.
- Maintain the safety of participants in and around the pool.
- Communicate and enforce pool regulations and rules in a personable and professional manner.
- Communicate any potentially dangerous elements of the facility to the supervisor.

- Deliver excellent customer service to all that utilize the facility and serve our diverse population.
- Participate in and help facilitate staff training.
- If unable to work, find a substitute and complete the substitution form.
- Perform participant surveillance using all senses while guarding.
- Work as a team with other lifeguards during special events.
- Record daily participation numbers and complete daily activity reports.
- Test the water record results, and report imbalances to the supervisor.
- Set up the pool for various activities such as laps, classes, etc.
- Maintain a clean pool (clean area, notify maintenance, etc.).
- Handle all incidents in a manner appropriate to your training. First Aid is to be handled by the Facility Supervisor **UNLESS it is LIFE THREATENING**. Recommend that all injured participants seek professional medical attention.
- Assist the Communications Liaison in keeping the University community informed of pool activities.
- Perform other duties as assigned.

**Required qualifications:**

- American Red Cross, Lifeguarding, CPR/AED, First Aid Certification or equivalent
- Reliable, responsible, excellent communication and time management skills

**We are committed to facilitate your learning journey and create unique opportunities for your career and self development in the following areas\*:**

- Self-awareness
- Communication
- Critical Thinking
- Equity, Diversity, and Inclusion
- Leadership
- Professionalism
- Teamwork
- Health & Wellbeing

\* Reprinted courtesy of the [National Association of Colleges and Employers](#)

**How to apply:**

- To apply for positions, please visit our [website](#).
- If you would like to speak with someone about employment opportunities, please contact Cheryl Eddins, Assistant Director for Aquatics, (828) 262-8707, or email [eddinscj@appstate.edu](mailto:eddinscj@appstate.edu)

Please be aware that to be eligible for student employment with UREC, you must be a current student enrolled at Appalachian State University and in good academic standing.

**Office of Disability Resources Accommodations:** Appalachian State University is committed to providing an inclusive experience, accessible learning [and working] environments and equal opportunity to individuals with disabilities in accordance with the Americans with Disabilities Act and Section 504 of the Rehabilitation Act. Individuals needing reasonable

accommodations should contact the Office of Disability Resources (828.262.3056 or [odr.appstate.edu](http://odr.appstate.edu))

**AA/EEO Statement:** Appalachian State University is an Affirmative Action/Equal Opportunity Employer. The University does not discriminate in access to its educational programs and activities, or with respect to hiring or the terms and conditions of employment, on the basis of race, color, national origin, religion, sex, gender identity and expression, political affiliation, age, disability, veteran status, genetic information or sexual orientation.

\* This position is available for Federal Work Study \*