

Appalachian State University
UREC Club Sports Program Coach's Contract and Code of Conduct



Required Information:

Name: _____

Club Sport: _____

Phone: _____

Email Address: _____

Address (Street Name, City, State, Zip): _____

Coach's Code of Conduct

As a coach for University Recreation Club Sports I pledge to be a positive role model, and keep a player-centered atmosphere in my coaching approach. I pledge to follow:

1. To be a responsible, respectful, and positive role model for my specific Club Sports team and all of its players.
 - As the coach I will encourage my players to also be responsible, respectful, and positive role models for specific Club Sport and other players.
2. To respect the rights, dignity and worth of each individual player within the context of involvement within the specific Club Sports.
 - As the coach I will focus on developing and maximizing each player's individual skills physically, mentally, and emotionally.
 - As the coach I will place the welfare and safety of each of my players above all other considerations, including personal desire to win.
 - As the coach I will refrain from any discriminatory practices and will include all players in team activities without regard to race, religion, color, sex, sexual orientation, body type, national origin, ancestry, disability, ability, or any other legally protected classifications.
 - As the coach I will not place my players in competitive or training situations until they are fully prepared or fully recovered from injury.
 - As the coach I will maintain a high level of awareness of potentially unsafe conditions and correct or avoid any unsafe practice or playing conditions.
3. To represent self and specialized standing in an honest and upright manner enhancing the reputation of the specific Club Sport, University, and coaching community.
 - As the coach I will be responsible for my own actions.
 - As the coach I will display high standards by using appropriate

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- language, manner, control, dignity, respect, punctuality, and presentation when interacting with players, opponents, coaches, league officials, game officials, administrators, the media, parents and spectators.
- As the coach I will comply, embrace, and enforce the laws, guidelines, regulations, policies, and requirements of the Appalachian State University and University Recreation.
 - As the coach I will become knowledgeable, understanding and supportive of all applicable game rules, league rules, regulations and policies.
4. To refrain from the use of drugs, tobacco, alcohol, and any hazing practices within the Club Sports program at Appalachian State University.
- As the coach I will abide by and support the rules and regulations of Appalachian State University, University Recreation, and the rules of the game.
 - As the coach I will refrain from any and all forms of hazing towards any players and I will keep my players from any and all forms of hazing toward players.
5. To refrain from any type or form of harassment in regards to any player or colleague.
- As the coach I will refrain from any form of personal, physical, emotional or verbal abuse of any player.
 - As the coach I will refrain from, and prevent, any form of sexual or racial harassment towards any player or colleagues.
 - As the coach I will not engage or take any part in romantic/sexual relationships with any player or other participants with which I the coach has evaluative, direct, or indirect authority because those situations are highly prone to impair judgment of both parties.
6. To act out of caution and concern towards both sick and injured players on the team.
- As the coach I will encourage my players to seek appropriate professional medical advice when necessary.
 - As the coach I will allow further participation in practices and games only when the player has fully recovered.
 - As the coach I will maintain the same regard and support towards both injured and sick players.
 - As the coach I will make sure someone with a medical background is around during necessary events.
7. Acknowledge these statements:
- It is the responsibility of team members to secure the services of a coach for their team. Each Club Team may wish to request all coaches to sign a written contract with their Club Team.
 - The coach must limit his/her involvement with the team to instructing in practice

- and competition, and must not participate in other areas of team management.
- The coach must work with ALL participating members.
 - The coach may not serve as the team's liaison with the University Recreation Department or the Club Sports Council.
 - If hired as the coach I must take part in a coach training orientation session that involves duties of the job, hazing/sexual harassment, and other educational topics.

Coach's Contract:

1. The coach must be aware of and follow all Appalachian State University and divisional procedures related to the Club Sport program.
2. The coach's involvement and contributions are restricted to just teaching and coaching in practices and competitions. A coach should refrain from any activities that concern the Club's management. The coach will be serving at the will of the club, the officers, and the members of the club and the coach does not have any authority to schedule home or away matches/games, purchase equipment/supplies or make promises as a representative for the club.
3. The Club Sports program is first and foremost a student organization and the student representatives, not the coach, have the responsibility to serve as the liaison between the Club and the Club Sports Staff. The main focus and key to Club Sports success is by the continued emphasis on participation and leadership of the students.
4. If the coach is not a student or faculty member and has been approved and granted coaching privileges, one must go by the AppCard office and purchase an AppCard to be able to gain access to the University Recreation facilities. The card does not permit the coach to be eligible for any other University Recreation programs. Further questions regarding the AppCard should be directed to the Club Sports Coordinator.
5. The coach must display good sportsmanship and a professional demeanor while representing themselves, the team, and the University at all times. This includes behavior in practice and game situations, contact with other teams, and interaction with staff members. While the coach is involved with off-campus or traveling events make sure to be aware that the coach is still representing the University.
6. The coach should refrain from making or setting up appointments with the Director of University Recreation, Intercollegiate Athletic Directors, Sports Programs Coordinator, or any other person to discuss Club business without the consent of members of the Club Sport.
7. The Club Sports Staff has the right and obligation to protect the Club and if in the staff's opinion, the coach is not fulfilling his/her duties and not acting in the best interest of the Club they will be relieved of all coaching duties.
8. The coach must be recommended by Club members and must submit a new Club Sports Coach's Contract and Code of Conduct each academic year in order to coach. Continuation of coaching status is not automatic.

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I, _____ understand and agree to abide by all University Recreation and Appalachian State University rules and regulations. If approved to coach, I will be coaching on a volunteer basis. I have read and fully understand the "Coach's Code of Conduct" and "Coach's Contract" as outlined above and agree to abide by all the rules listed. I understand that any infraction of these rules of the University or University Recreation subjects me to dismissal as coach of the club. Furthermore, I acknowledge that the club decision making process is student led and I will not interfere in club management. As a coach my role is restricted to only teaching and coaching in practices and competitions. By signing your name below, you acknowledge all of the above statements.

Signature: _____

Date: _____