



All intramural participants will be required to create an account on **imleagues.com**. imleagues offers a live support button in the top right corner of all pages; please use this button if you encounter any difficulties.

To create an Imleagues account:

1. Go to www.imleagues.com. (A link is provided on the intramural website, www.urec.appstate.edu)
2. Click on the “Sign Up” link.
3. Enter your information, **and use your school email address** (@appstate.edu or @email.appstate.edu), and submit.
4. You will be sent a temporary password to your **school email account** – if you do not receive an email with your temporary password add info@imleagues.com to your list of contacts, go to <http://www.imleagues.com/ForgetPassword.aspx> and enter your email address to have your password re-sent to your email address.
5. Log in to **imleagues.com** by clicking the link at the bottom of the email. You will be prompted to change your password upon first login.
6. After changing your password, the Appalachian State University school link should pop up. Click “Join School.”

How to sign up for an intramural sport:

1. Log in to your **imleagues.com** account.
2. Click on the “Appalachian State University” link.
3. The current sports should be displayed toward the bottom of the screen. Click on the sport you wish to join.
4. Choose the league you wish to play in (Men’s A, Men’s B, Women, etc.)
5. You can join the sport one of three ways:
 - a. Create a team (For team captains)**
 - i. You can sign up your own team
 1. Click on the active sport you are wanting to participate in
 2. Click which league you are interested in playing in such as: CoRec, Men, Women
 3. Click on the division you are interested in playing in such as: All, A, AA/AAA, etc...
 4. Click on create a team
 5. Read and agree to the terms and conditions by clicking the box
 6. Enter your teams name
 7. Enter an appropriate logo(ex. a picture of you so your teammates knows who the captain is, if your team name is rainbow maybe enter a picture of a rainbow) and certify you have rights to the picture (a team logo is NOT required)
 8. You are also able to put a description of your team. (Ex. shooters are amazing post play is unbelievable can’t be beat)
 9. Then click submit
 - ii. Captains can invite members to their team in two ways:
 1. If student has already registered on imleagues: click the “invite members” link on the team page, search for their name, and invite them
 2. If student has not yet registered on imleagues: Click the “invite members” link on the team page, then click the “Can’t find someone? Click here to invite by email address”, and input the students email address.
 - b. Join a team**
 - i.
 1. Click on the active sport you are wanting to participate in
 2. Click which league you are interested in playing in such as: CoRec, Men, Women
 3. Click on the division you are interested in playing in such as: All, A, AA/AAA, etc...
 4. Finding the team and captain name on division page and requesting to join
 - ii. Going to the captain’s playercard page, viewing his team, and requesting to join
 - iii. Accepting a request from the captain to join his team
 - c. Join as a Free Agent**
 1. Click on the active sport you are wanting to participate in
 2. Click which league you are interested in playing in such as: CoRec, Men, Women
 3. Click on the division you are interested in playing in such as: All, A, AA/AAA, etc...
 4. Agree to the schools terms and conditions
 5. Write a brief description about yourself (ex. My skills are sick)
 6. Click submit